

# Health and Wellbeing projects and activities FUNDING APPLICATION

<ol> <li>Applicant</li> </ol>	Ċ
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Name	Brian Warwick
Organisation	Melksham and District Seniors Forum
Address	2 Orchard Gardens, Melksham
Phone number	
Email address	Brian.warwick@mac.com

## 2. Amount of funding required from the Area Board:

£0 - £1000	Х
£1001 - £5000	
Over £5000 (please note – our grants will not normally exceed £5000)	

#### 3. Are you applying on behalf of a Parish Council?

Yes	
No	Χ

4.	If ves.	please state wh	this project	t cannot be	funded from	the Parish F	Precept?
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5. Project title?

The Monday Activity Club

#### 6. Project summary: (100 words maximum)

Melksham Seniors run monthly activity sessions for over 55's within the Melksham area for their health and wellbeing. We provide transport to and from the venue and put on a range of activities for them to participate in. Our aim is to target isolated and lonely people and to promote their physical and mental wellbeing, by combating social isolation and using arts, crafts and culture, digital literacy, sports, play and recreation.

7. Which Area Board are you applying to?

Melksham	Ŧ	
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8. What is the Post Code of the place where your project is taking place?

Forest Community Centre

#### 9. Please tell us which themes best describe your project:

Older People Support/Activities  Carers Support/Activities  Promoting physical and mental wellbeing  Combating social isolation	<ul> <li>Heritage, history and architecture</li> <li>✓ Inclusion, diversity and community spirit</li> <li>✓ Environment, recycling and green initiatives</li> <li>✓ Sport, play and recreation</li> <li>✓ Transport</li> <li>✓ Technology &amp; Digital literacy</li> <li>Other</li> </ul>
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If Other (please specify)

#### 10. About your project

## Please tell us about your project (a strong application will address all of the following):

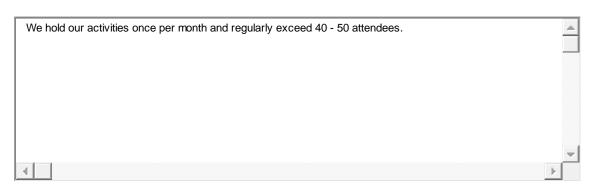
How does your project support local needs and priorities?

We are aw are that Melksham has a high level of social isolation and loneliness and our activity club aims to tackle this. Our clubs are widely promoted and take place every month in an area of high deprivation. We organise transport to and from the venue so there are no barriers to taking part. We work with care home and sheltered housing organisations to reach out to our most vulnerable in the community.

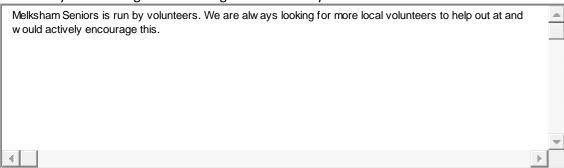
Our group undertakes activities such as sing-a-longs, a vareity of sports, dancing and much more.

In order for us to continue our work within the community, we need to meet the fees of the facilitators, cost of the venue, transport costs and the cost of equipment.

How many older people/carers to do you expect to benefit from your project?



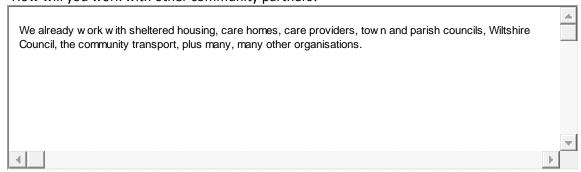
How will you encourage volunteering and community involvement?



How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?



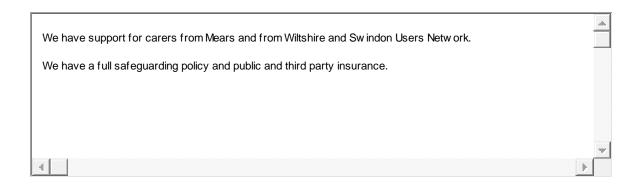
### How will you work with other community partners?



## 11. Safeguarding

Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?

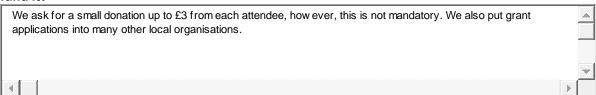


12. Monitoring your project.

How will you know if your project has been successful? \*required field



13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?

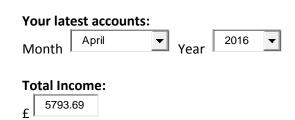


14. If this application forms part of a larger project (eg. building of new village hall), please state what this project is and approximately how much the overall project will cost



15.Finance:

15a. Your Organisation's Finance:



Total Expenditure:				
<b>Surplus/Deficit for</b>	the year:			
-1101 56	tile year.			
Free reserves curre	ently held:			
(money not comm	-	er projects/oper	rating costs)	
f 1221.40				
Why can't you fund			erves:	
Our reserves are alre	eady allocated	to other projects		
₹				<b>•</b>
				,
We are a small co	mmunity g	group and do no	ot have annu	al accounts or it is our first year:
15b. Project Financ	ce:			
•				
Total Project cost		£ 450.00		
Total required from	n Area Board	d f 450.00		
Expenditure	£	Income	£	Tick if income confirmed
NB. If your organisa				
reclaims VAT you sexclude VAT from t		(Planned Inco	me help)	
expenditure		(		
(Planned project co				
Hall hire costs	450.00			
J				
	126.22			
Total	450.00	Total		

16. Have you or do you intend to apply for a grant for this project from another area board within this financial year? \*required field

	0	Yes
	•	No
17		ase list which area boards you are intending to apply, including this one (You can apply to a kimum of 3 Area Boards for the same project in a financial year) *required field, if Yes to Q11.
18	. DEC	CLARATION
	•	porting information - Please confirm that the following documents will be available to inspect in request (You DO NOT need to send these documents to us):
		I will make available on request 1 quote for individual project costs over £500 & 2 quotes for ject costs over £1000 (Individual project costs are listed in the expenditure section above)
	esti	ject/Business Plan:  For projects over £50,000: I will make available on request a project or business plan (including mates) for projects where the total project cost (as declared in the financial section above) eeds £50,000 (tick only when total project cost exceeds £50,000).
	Acc	ounts: I will make available on request the organisation's latest accounts
	Con	stitution: I will make available on request the organisation's Constitution/Terms of Reference etc.
	<b>✓</b> Prot	cies and procedures:  I will make available on request the necessary and relevant policies and procedures such as Child tection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and ironmental assessments.
		er supporting information (Tick where appropriate, for some project these will not be licable):
		I will make available on request evidence of ownership of buildings/land
		I will make available on request the relevant planning permission for the project.
	rece	I will make available on request any other form of licence or approval for this project has been eived prior to submission of this grant application.
	And	l finally
	<b>▽</b> activ	I confirm that the information on this form is correct, any award received will be spent on the vities specified.